

ATHLETES

Magazine



www.AthletesMagazine.com

Advertisement Use - Usage Publicitaire
www.MagazineAdvertisement.com

Notre Mission est
d'Encourager le Talent,
Promouvoir
l'Estime de Soi,
et Reconnaître
l'Accomplissement
sans aucune Discrimination

OUR MISSION STATEMENT

Tout Talent, Tout Ages, Tout Niveaux et Compétences

PROMOUVOIR L'ESTIME DE SOI
ET LA RECONNAISSANCE



Our Mission is to
Encourage Talent
Promote Self-Esteem
and Recognize
Achievements
without any
Discrimination

OUR MISSION STATEMENT

All Talents, All Ages, All Levels and All Skills

PROMOTING SELF-ESTEEM
& RECOGNITION

Le contenu de ce magazine est destiné à un usage publicitaire pour démontrer nos magazines. Tous nos magazines commerciaux ont la même qualité, les mêmes formats et le même nombre de pages mais ne contiennent que les talents spécifiques.

The content of this magazine is intended for advertisement use to display our magazines. All our commercial magazines have the same quality, sizes and number of pages but contain only the specific talents.

www.MagazineAdvertisement.com

POURQUOI PAYER UNE PUBLICITÉ QUI NE BÉNÉFICIE PAS VOS CLIENTS ?

AVANTAGE POUR VOTRE COMMERCE...

- 1- Vous personnalisez, Créez un lien avec vos Clients,
- 2- Votre publicité reste active pendant des années,
- 3- Leur magazine sera sauvegardé pendant longtemps,
- 4- Votre Logo inclus dans leur promo d'influenceur,

AVANTAGES POUR VOS CLIENTS...

- 1- Excitation, Boost d'Estime de Soi, Être traité en Pro,
- 2- On les interview avec session de photo professionnelle,
- 3- Raconte leurs Rêves, Buts, Défis & Accomplissements,

NOTRE COUVERTURE & DISTRIBUTION...

- 1- Locale, Régionale, Provinciale, Nationale, Internationale,
- 2- Distribution de 1,000 à 1 million de magazines,
- 3- Choisissez vos territoires et points de distribution,

www.MagazineAdVERTISEMENT.com

**DEVENEZ UN JOUEUR IMPORTANT DANS
L'ESTIME DE SOI ET L'ACCOMPLISSEMENT**

WHY PAY FOR ADS THAT DON'T BENEFIT YOUR CUSTOMERS ?

BENEFITS FOR YOUR BUSINESS...

- 1- Get personal, Create a connection with your Customers,
- 2- Your advertisement remains active for many years,
- 3- Your clients will safe-keep their magazine for a long time,
- 4- Your Logo will be included in their influencer's promo,

BENEFITS FOR YOUR CUSTOMERS...

- 1- Excitement, Self-Esteem Boost, Being Treated like a Pro,
- 2- We interview them with a professional photo-shoot,
- 3- Tell their Dreams, Goals, Challenges & Accomplishments,

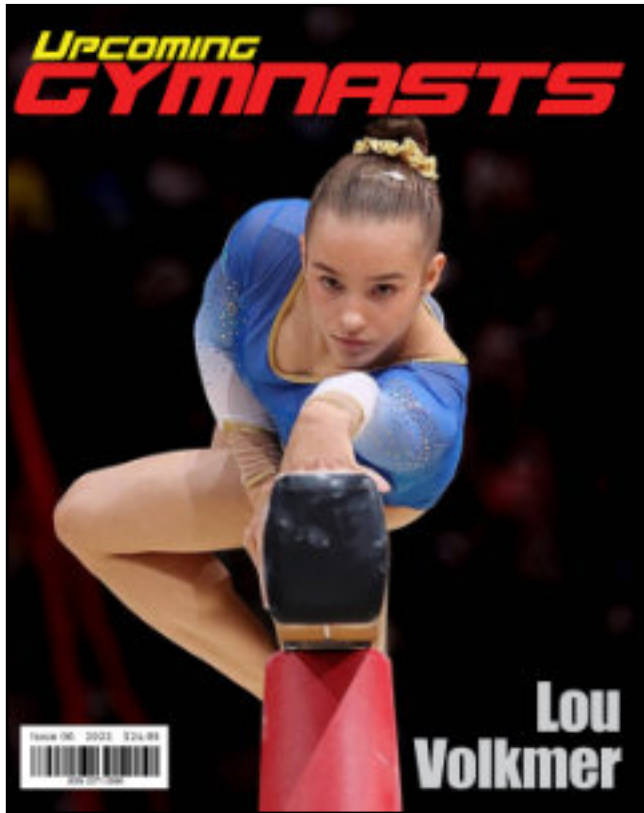
OUR COVERAGE & DISTRIBUTION...

- 1- Local, Regional, Statewide, National, International,
- 2- Distribution of 1,000 to 1 million magazines,
- 3- Choose your territories and distribution points,

www.MagazineAdVERTISEMENT.com

**BECOME AN IMPORTANT PLAYER IN
PROMOTING SELF ESTEEM & RECOGNITION**





Pourquoi Vous Payez des Publicités Qui ne Bénéficient Même pas à vos Clients ?

Nos publicités payent des Interviews, des Sessions de Photos et Publication d'athlètes locaux de votre quartier

Supportez le Talent Local et l'Estime de Soi



Why Pay for Ads That don't even Benefit your Customers ?

Your ads pay for Interviews, Photoshoots & a FREE Magazine to your local talents

Support Local Talent and Self Esteem

Included in all Advertisement Options :



We Interview and do Photo-Shoots of Local Talents in your targeted areas



We distribute the magazines to Training Centers, Sports Complex, Schools, Retailers Stores, Waiting Rooms, Health & Sports Services : nutritionist, health clinics, masseurs, chiropractors, competition sites, etc.

We force the athletes to go to your stores to pick up their FREE magazine copy



RETURN ON INVESTMENT : Advertising Packages include FREE magazines to give away or sell to cover your advertising costs. Athletes can wear and model your products during photo shoots to increase your brand visibility

Even for regional or national distributions. We publish multiple editions of the magazines distributed locally with local talents.

We distribute between 1,000 to 2 million copies depending on your targeted areas and desired points of sale.



DEMOGRAPHICS : Family with Children, Grand-Parents, Sports Enthusiasts, Men and Women from 5 to 80 years old.

Inclus dans tous nos options de publicité :

Nous interviewons et réalisons des séances photo de talents locaux aux zones ciblées



Nous distribuons les magazines aux Centres d'Entraînement, Complexes Sportifs, Écoles, Magasins, Salles d'Attente, Services de Santé - Sport: nutritionnistes, cliniques, masseurs, chiropraticiens, compétition, etc.



Nous les forçons d'aller à vos magasins pour ramasser leur magazine GRATUIT



RETOUR SUR INVESTISSEMENT : Les forfaits de Publicité incluent des magazines GRATUITS à donner ou à vendre pour couvrir vos coûts de Publicité. Les athlètes peuvent aussi porter vos produits lors des sessions photos.

Même pour les distributions régionales ou nationales, nous publions plusieurs magazines distribués localement avec des talents locaux.

Nous distribuons entre 1,000 et 2 millions de copies selon les zones ciblées et points de vente désirés.



DÉMOGRAPHIE : Famille avec Enfants, Grands-Parents, Passionnés de Sport, Hommes et Femmes de 5 à 80 ans.

1/2 Page

175mm X 110mm

**Full Page Ad
Page Entiere**

200mm X 250mm

Bleed add 10mm

Marge de Coupe 10mm

1/4 Page

85 X 107mm

Create Happy Faces - Créer des Gros Sourires



ATHLETES

Magazine



Saderrian
Tarver

ISSUE 26 2023 \$24.99



ISSN 2371-2996



My name is Allen Carron. I am amateur basketball player. Though I am new in the business, I have certain achievements in my name like I recently visited England for a tournament. I couldn't win it but it was full of

learning. I was also the Velocity 2022 champion. I defeated my opponent with 12-0. There are great players and coaches in our team. I am always looking forward to learn something from them.

My name is Eric Wells and I am a 3 sport athlete, the classroom, football field and baseball diamond. I am going to be the 1st overall Qb selection in the NFL draft, as well as the 1st overall MLB draftee to be selected in the same year while holding my Bacher of Business degree.

While I'm just 11yrs old, I am respected by my peers as the best QB in my region, hosting several titles as MVP's of football and baseball

honors. I speak fluent Spanish while my primary language is English. In addition I was voted most athletic of my 4th grade class and class president. I also received a musical honor as well during my graduation ceremony.

Challenges are apart of being human, I take them on with no hesitation because I understand that's how you grow and become great. I AM REACHING FOR GREATNESS....



**Eric
Wells**



My name is Nicholas Aliotti-Espinoza and my dream is to be a professional baseball player and Pro golfer. I want to help make this world a better place and help the homeless so they don't have to live on the streets, it makes me sad and I want to help. My goals

are to graduate high school and go to college like my big sister Alyssa. I want to achieve so much in life and I know as long as I work hard I can achieve anything. I haven't had any challenges really because I'm only 11 years old but my mom tells me to always face

my challenges with a wink and stay strong and positive. Thank you for choosing me write this article and allow it to be published in Athletes Magazine.

Photos Credits: My mom Lisa Espinoza



Nicholas Espinoza



Saderrian Tarver



My name is saderrian tarver I'm ranked 16th at Qb and 44th at Athlete in the state of FL RNR top 100 .I play for QB for Edgewater Popwarner 10U. My goal for this season is to lead my team to a conference championship. I plan to attend

Edgewater High in my future,and later attend college then the NFL.My biggest challenge is myself.I know that if I Stay focused on my dreams they will become reality.



Misael Juarez



Misael Juarez Is a 6th grade student athlete attending Clute Intermediate School, in Clute, Texas. He plays multiple sports with football leading the way. His passion for football is contagious and he works hard everyday crafting his abilities. He plays for the Freeport Longhorns where he helped lead them to the playoffs. Next season he plans to do big things starting junior high football. Misael wants to get a football scholarship to a program in Texas and after graduation he wants to have multiple businesses. His brother Felipe Romo is a stud football player himself who helped the 7th grade football team at Clute Intermediate School go 3-4, finishing 4th in the Gulf Coast Junior high football league.

Photos Credits: Jermaine A. Guinyard

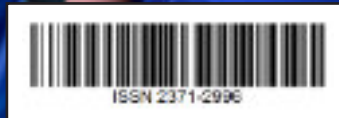




ATHLETES

Liam
Prophet

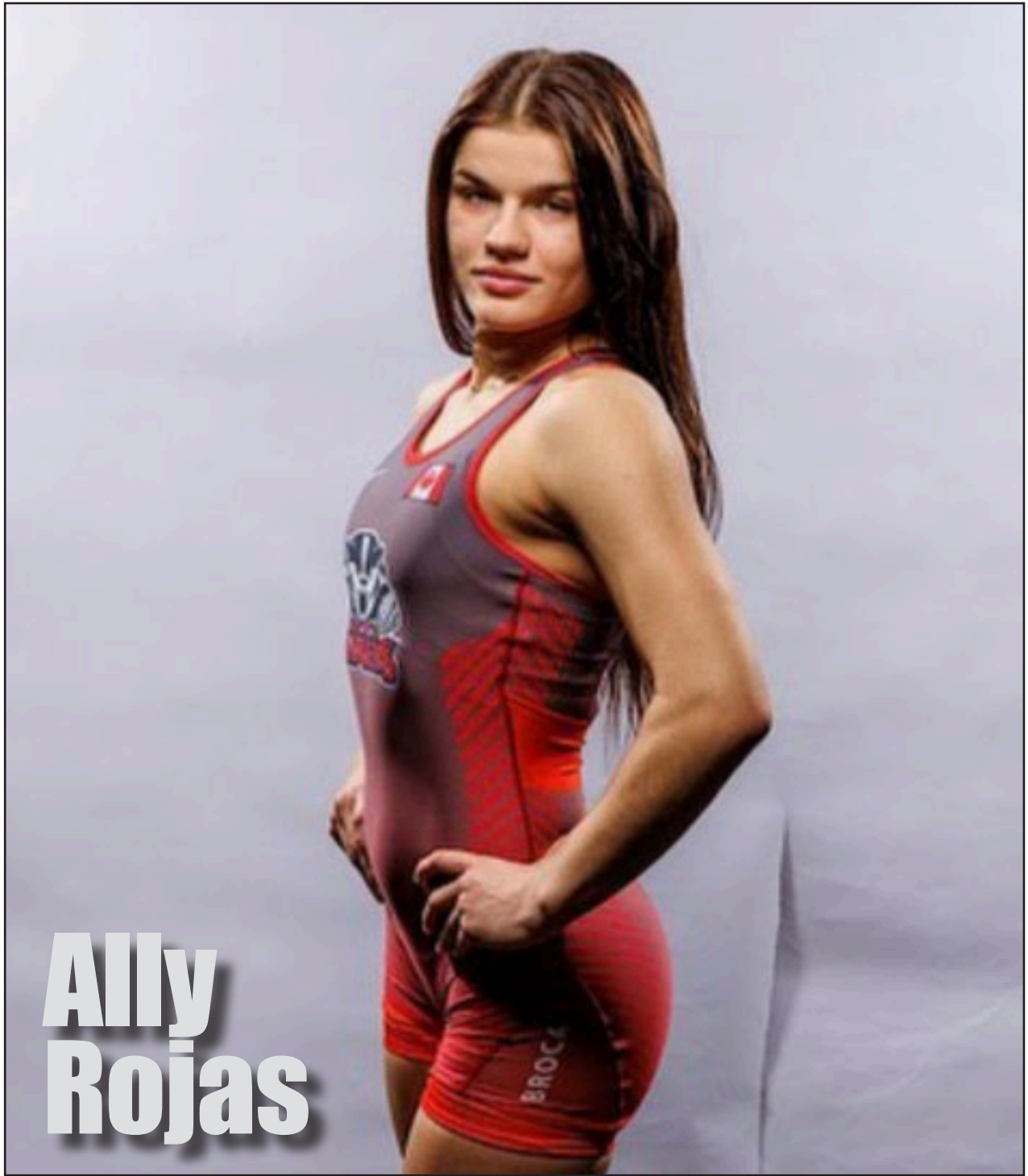
ATHLETESMAGAZINE.com
A Division of TALENT MEDIA PUBLISHING Inc.



MARTIALSPORTS

Ally
Rojas





Ally Rojas

My name is Ally Rojas. I am honoured and feel blessed to represent so many clubs in the last few years. All my hard in the court definitely pays me off. I am grateful for the experience and memories. I am also really excited to tell

everyone that I have been conferred with the lady athlete of the year award. I am a senior level national bronze winner. There is always some drama in the game but at the end it's worth it.

Betsy Gietek



My name is Betsy Gietek. So far I haven't achieved much but I am grateful for everything I have got so far. Recently I participated in las Vegas open network, Nevada. My dream is to improve myself and be the best in the business.

I am working hard to achieve this and I am hopeful to fulfill my dreams soon. There are certainly many challenges in the way but no challenge is bigger than my courage and dreams.

My name is Haifa Lynch.

I am a Freestyle Wrestler and Brazilian Jiu-jitsu fighter. I train out of Sydney Wrestling Academy. My current achievements are almost every major Grappling championship in Australia they include

ADCC national Champion

Wrestling National Champion

NSW State Wrestling Champion

Iska national Champion

Iska nsw State Champion

Brazilian Jiu-jitsu Oceania Champion

Brazilian Jiu-jitsu NSW State champion

Brazilian Jiu-jitsu Queensland State Champion.

And over 60 other championships in Brazilian Jiu-jitsu and Wrestling.

My current goals is to compete overseas in countries like Japan the USA and Abu Dhabi. All of these countries have very high quality Grappler and also the junior world championships. I believe I am the best in the world for my age group and I want to prove that. I was born in Samoa then moved to Australia with my parents at the age of 4. My future goals are to become the first Samoan to win the Olympics in Wrestling then go on to win the black belt world championships in Jiu-jitsu and become the UFC world champion. But ultimately I want to be known as the greatest fighter that ever lived. My challenges have been finding opponents my age so my dad has always got me to compete up so I usually compete against kids between 2-5 years older than me and usually another heavier than me. Which is why I believe I have become so good at what I do.

Photos Credits: Haifa Lynch



**Haifa
Lynch**



My name is Jaffrey Bright. I am really excited and honoured to get featured in the magazine. I have been trying something like this since long. I have always been a hungry yet compassionate player. I always give my best in the game. Still, if

I loose i don't loose my confidence and self motivation. Rather, I cheer up myself. i enjoy doing my training and that is the most important thing to me.



**Jaffrey
Bright**



**Jimmy
Fields**

My Name is Jimmy Fields and I train at Top Martial Arts in Rock Hill SC & Charlotte NC . I usually train 5 days of the week with both the Kids and adults . I started out doing Karate when I was 8 yrs old and reached the rank of green belt , 2yrs ago I switched to Ju jitsu since then I started doing tournaments . I have done over 20 and have won 70 matches . Right now I am a

gray/black belt with 2 stripes and I am training to go to PANS Kids in July . Right now my biggest goal is to win gold at PANS but if I don't I will keep training to get better. My main goal is to get my black belt in Ju Jitsu and make a career out of fighting .

Photos Credits: My Father





**Raydan
Valentino Tang**

My Name is Raydan, I'm 8 years old. I have only started my bjj journey a year ago and I am really enjoying it, it's my passion and a lifeskill that I'm grateful for. This is only the beginning of my journey. My dream is to accomplish to compete in the world championship and become a world champion one day and obtain my bjj black belt when I'm older in the future. I hope to educate, motivate, and inspire younger generations around the world to achieve their dreams.

My goals are to stay resilient, determined, and grow my passion. Train hard and put 100% effort to accomplish gold in all my upcoming competitions. Stay motivated and recognise the progress I'm making with earning each promotion stripe along the way. To be discipline and persistent in endless training to obtain my future belts.

My challengers are not being afraid to take new challenges, have a confident mindset and courage to compete with other experienced competitors in bjj tournaments, face and

overcome any challenging situation in the real world and self improvement to focus on improving my skills and techniques in bjj and be better than I was yesterday.

My achievements are my ongoing persistent training in bjj and recognition of each stripes and colour belt I've earned along the way. I started bjj since April 2022 and have achieved my grey and white belt this year in April 2023. I attend 4-5 days a week sessions of training after school. I've recently won my first victoria state championship competition in my bjj division. I am proud of my achievements so far and continuing to learn and grow. I'm so grateful to have gotten to cross paths with some of the greatest minds on the planet, and made great friends along the way with me in this journey. And knowing that if I put my dedication and discipline into my passion, I can achieve my goals and make my dreams into reality throughout my journey.

Photos Credits: Rachel



MARTIALSPORTS



**Betsy
Gietek**



MARTIALSPORTSMAGAZINE.COM
A Division of TALENT MEDIA PUBLISHING Inc.

SKATE BOARDERS

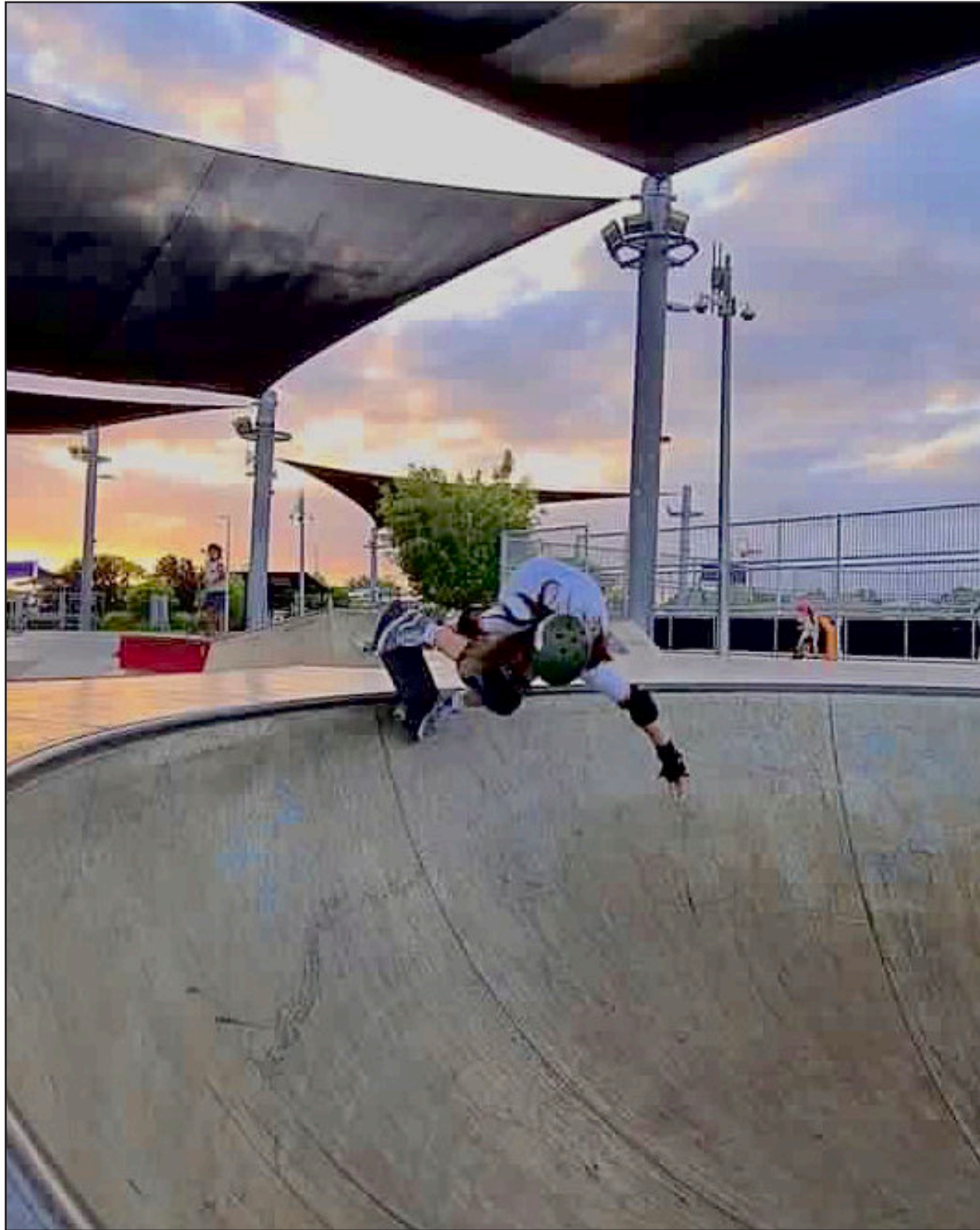


**Jacob
Sines**

Issue 1 2023 \$24.99



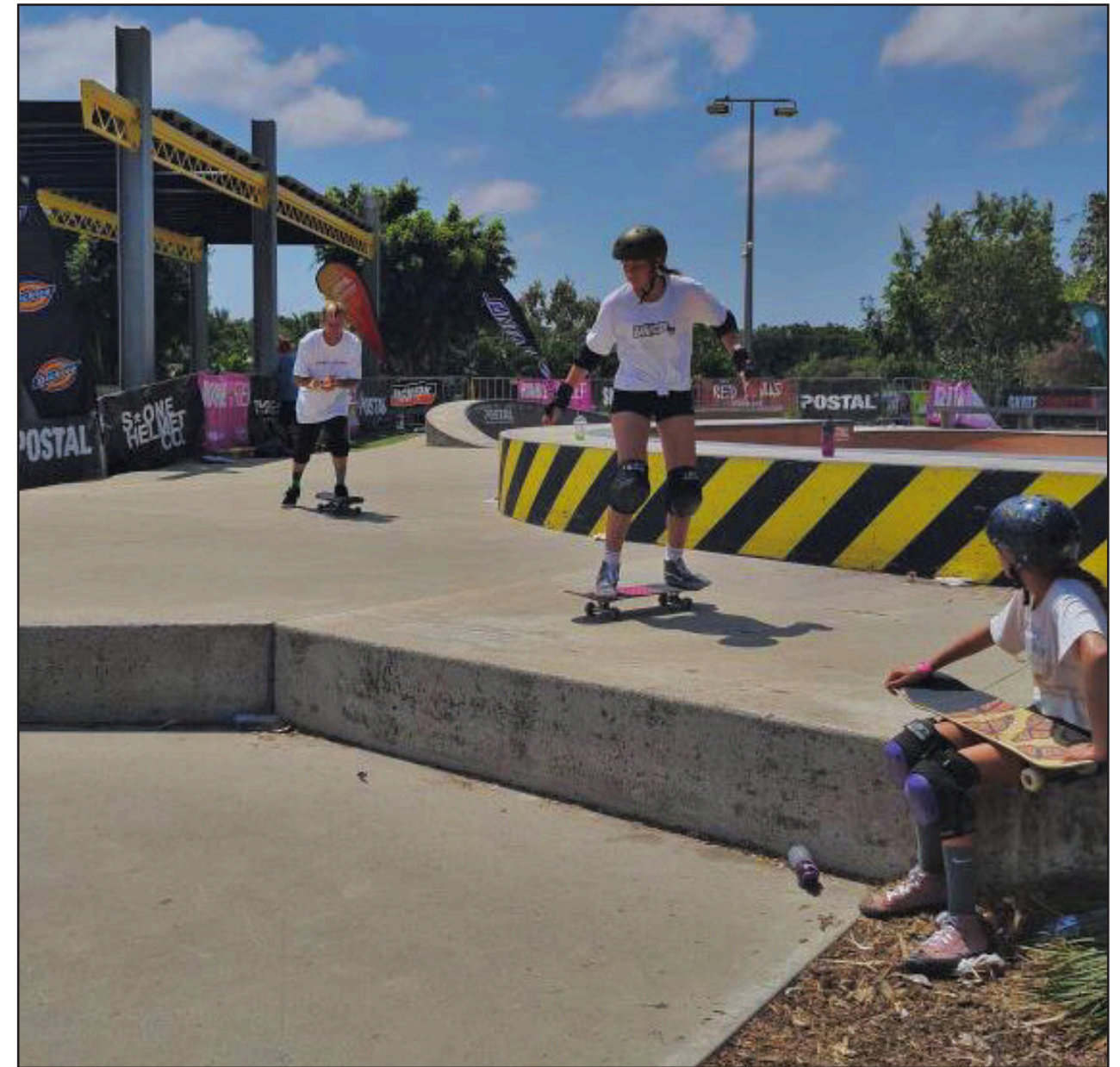
Charlotte Reyes



My name is Charlotte Reyes and I started skating in December of 2021. I don't just love skating as the sport and art form it is, I love the community and how supportive everyone is of everyone. Since I started I have competed in two competitions and won one. I would say my goals through skating is to help others start skating and to one day be able to skate at an elite level. Skateboarding isn't always easy as most of the time it's not that I can't do the trick

it's that my mind believes I can't do it so often I end up chickening out but that's why I love skateboarding because it teaches me to push through and do things that like even I didn't believe I could do. Although I haven't been skating for long, I hope to continue skating and compete more while meeting new people along the way.

Photos Credits: Jean-Paul Reyes, Hayley Prien

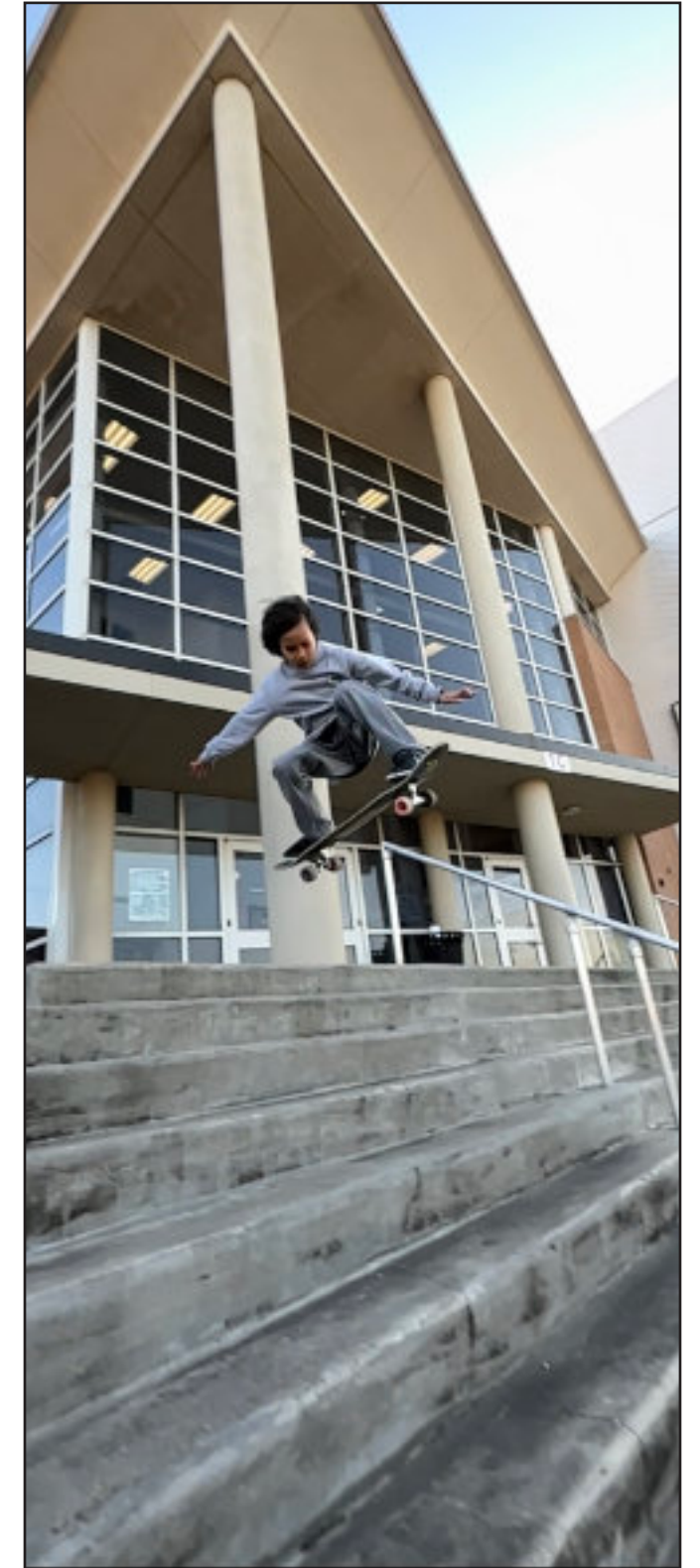
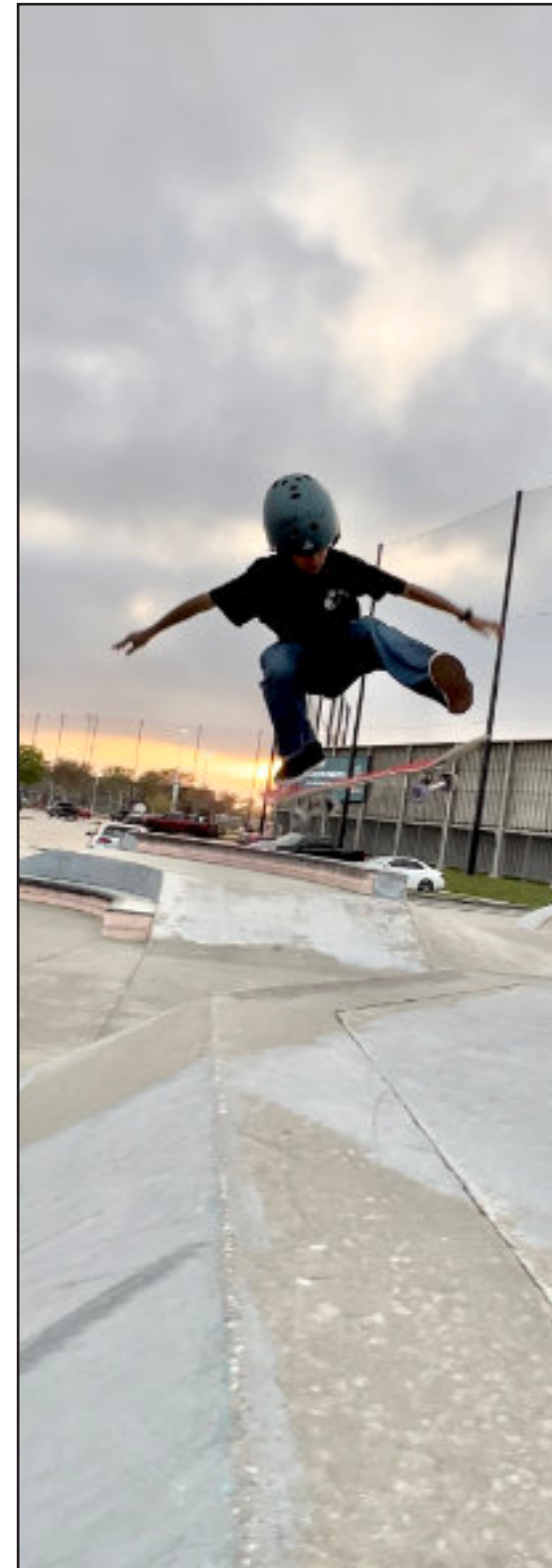


Evan Lancaster

My name is Evan Lancaster, I am 9 years old and have been skateboarding for 2 years. I love to skateboard because it is fun and challenging at the same time. There is no greater feeling than when you land a trick you have been practicing for hours, days, sometimes weeks and months. Many people in the skateboarding community

are very supportive of each other. It has also been rewarding to win a few local competitions. My ultimate goal would be to become pro one day and start my own skateboard company.

Photos Credits: Tommy Lancaster (dad)





My name is Jacob Sines . I'm a 7 year old skateboarder from Florida's Treasure Coast .I started becoming interested in skateboarding right before my 6th birthday . I learned how to do an ollie , before I could even push .. and the rest is history !

Skateboarding easily became my favorite thing to do !

I began taking lessons early on , with EXSPO|COACH , And quickly learned all the fundamentals and all about skatepark etiquette.

The past year has been so amazing ! I've met so many supportive skaters who have taken me under their wing and helped me to improve my skills and learn new things. The skateboarding community I have locally is the best ! I've had the opportunity to travel throughout Florida to attend skateboarding events , contests , make new friends and even meet some of my favorite Pro Skaters !

My most recent achievements are mastering a 5 stair Ollie, my backside 50/50 grind , and earning First Place in our local skateboard contest .I'm currently working on landing my first kick flip ! I can't wait !!

My goal is to keep pushing myself to learn new tricks and to never give up . My skateboard is my life and that will never change . I look forward to many years of skating .

My dream is for my passion and hard work to earn me sponsorship and to eventually become Pro. I would love to one day skate in Tampa Pro and SLS like all my favorite skaters!



Jesse Reed

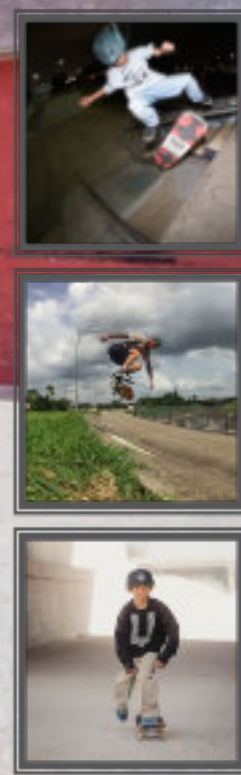
My name is Jesse Reed and I have been skateboarding for 35 years. Ever since I first saw skateboarding at age 11, I was enamored. I've been passionate about it from the beginning. I spent most of my youth street skateboarding and rode for several smaller skate companies. I moved from Texas to California in 1998 and even traveled to Europe in 2000 to skate in a pro contest, although I was never 'pro'. I am so grateful for all the experiences skateboarding has provided me. I still enjoy skateboarding as much as I used to these days at 46 years old. I mostly skate my mini ramp nowadays though. Skateboarding has been the most positive thing in my life and the lessons learned from skateboarding coupled with the dedication, determination and perseverance it requires, carry over to all other aspects of life. I hope to continue to skate at some level until I die.

Photos Credits: Jesse Reed





SKATEBOARDERSMAGAZINE.com
A Division of Talent Media Publishing Inc.



Gianna Rose
Andolina



My name is Gianna Rose Andolina and I am a Figure Skater from Wyckoff, NJ. I was first introduced to ice skating when I was just three years old. I would go with my parents to the rink, and sometimes other family members would join. We always had a fun time and my dad is a pretty good skater!

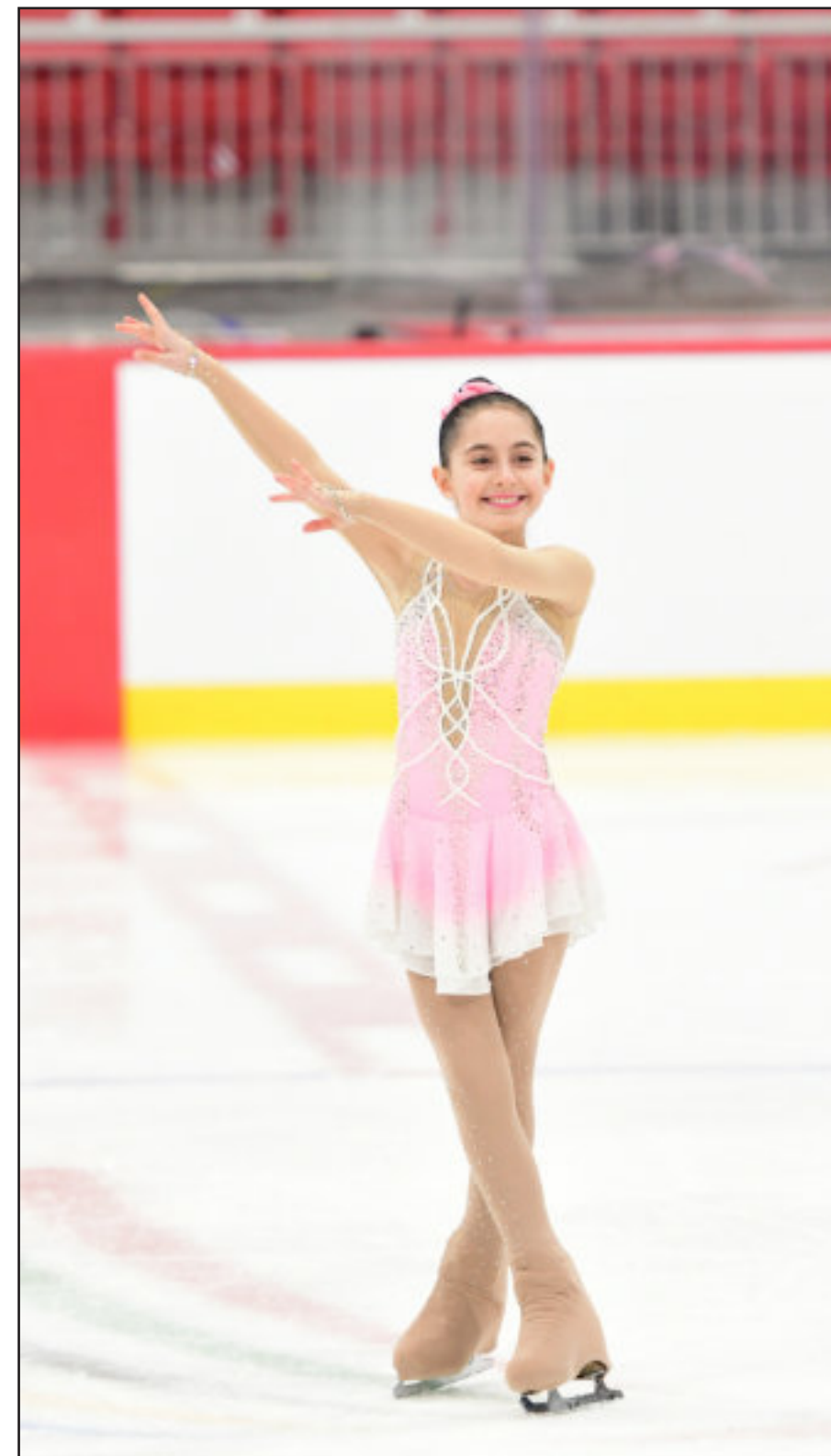
As I got older, I tried a variety of sports but eventually went back to skating at the age of nine and asked my parents for figure skating lessons. I am currently doing competitions and have won a few gold medals!

My favorite part about figure skating is working on spins with my coach. I spend a lot of time each week either before school or after school trying to perfect them.

My goal right now is to compete at the juvenile level and I'm working really hard almost every day to make that happen.

My biggest challenge is stretching! I don't like to do it, but I know to be an amazing figure skater it must happen!

Thank you for taking the time to read my article and I hope to see you all on the ice soon!



Harley Quinn Sims

My Name is Harley Quinn Sims, and I am 8 years old. I have been figure skating since I was 3 years old at Hollydell ice rink with my Coaches Maggie, Michelle, and Amy. I have loved skating since I watched the world championships with my mom when I was 2. That Christmas my uncle Ryan got me a gift card for Hollydell, and I meet Coach Amy who asked if I would like to take classes, and I have been skating ever since. My

dreams are to one day compete in the world championships and the Grand Prix Finals and I know with hard work and the help of my Coaches I hope to get there one day. My goals are to get better at my jumps and spins. I hope to master a sit spin and camel spin soon. My goal for jumps is to learn and master an axel and a double axel.





My name is Katalina Victoria LaSalle. I started skating when I was 3 years old with Learn to Skate USA. Unfortunately I broke my leg on ice when I was 4 years old and didn't skate till I turned 6 but then Covid Pandemic started and I had another set back. But in the fall of 2021 i returned to skating and i want to compete in Juvenile next season. I want to win Olympics of course or whatever will be the most prestigious competition when I am older. I love skating - at training i am sometimes holding myself back-

but when I am competing I love the atmosphere, the music. I hope one day to jump like Adeliya Petrosyan or Ilya Malinin. I want to keep enjoying skating. I am grateful to my coaches Gennadi, Nina and Yelena who give their 100% every time. I hope to "pay back" by doing well.

Photos Credits: Naira Aslanyan, Yuliya Khripunkova (god mother) Alla Aslanyan (mother)





My name is Lindsay Wang, and I am a figure skater representing the United States. I live in and train in Los Angeles, California, my hometown where I was born. Watching the 2014 Sochi Olympics, I became inspired by Yuna Kim and picked up skating at the age of 10. Even though I started later than my peers, I persisted because of my passion and love for the sport, all of its artistic and technical aspects. My dream has always been to participate in the Olympics, and I am working towards achieving this goal.

The year of 2019 was the hardest and most difficult year of my career. I fractured my ankle on a jump gone wrong and I had to withdraw from Regionals to qualify for Nationals that year. After recovering from the first injury, I collided with another skater during training and had to get stitches for a skate blade laceration, taking me off the ice again. After resuming practice after both injuries, Covid 19 hit and everyone had to stay home to protect themselves. Through it all, I spent more time reading and considering new concepts of life and the human existence. I rekindled a new hobby of writing and publishing. Writing has become a new purpose in my life and I continue to do it consistently in the form of my newest project of an e-mail newsletter publication.

I am currently a freshman at Arizona State University, majoring in Mass Communications and minoring in Philosophy,



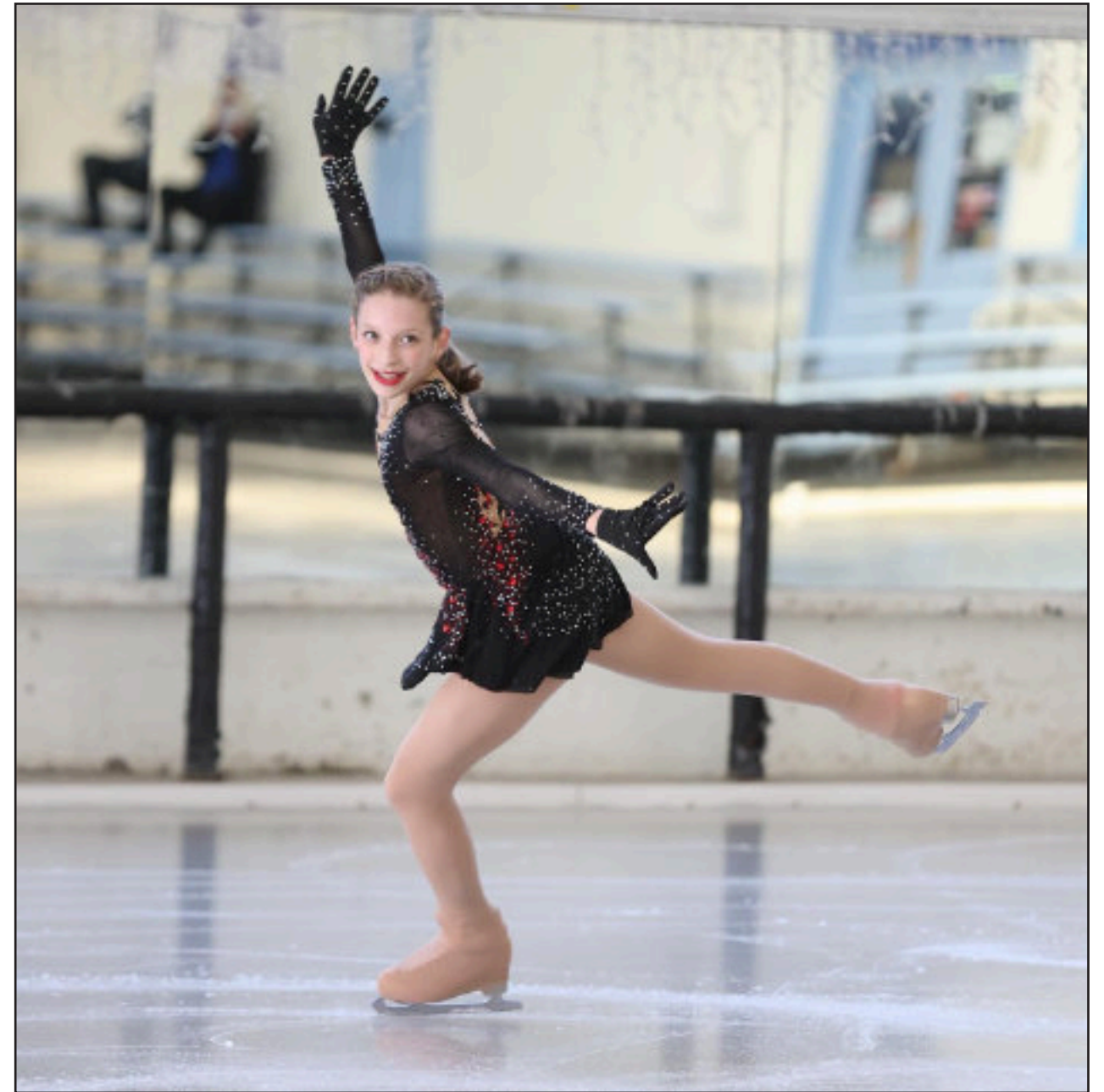
Meghan Huffman



My name is Meghan Huffman and I'm currently competing Junior Ladies. I was the 2023 South Atlantic Novice Ladies Regional Champion, 2022 & 2023 National Development Team member and I'm looking forward to achieving my goals. I was sidelined in February 2023 when I broke my fibula and tibia on a triple toe combo, but I worked very hard in PT, listened to

my orthopedic doctor and after 5 months started training again. My hope is to one day compete internationally and be a US National Champion.

Photos Credits: MHeaney photography & S Huffman

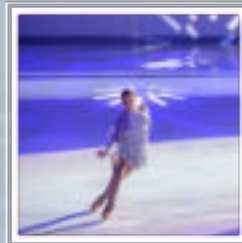
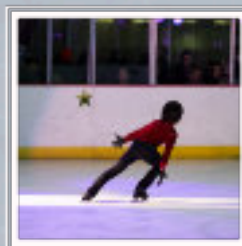


SKATERS

MAGAZINE



Muriel
Nava



ISSN 2371-2996

SKATERSMAGAZINE.com
A Division of Talent Media Publishing Inc.

SKIERS

MAGAZINE

Grete
Ternes



Issue 01-2021 \$24.99



ISSN 2371-2996



I would like a hard winter, a snow blizzard to an extent that rain ... the rain ... the rain ... history and all roads are closed and you have no choice but to stay and stay.

I wish one day I could ski on the best ski slopes in the world (Vallee Blanche, La face, Sella Ronda, St. Moritz, etc. Skiing and mountaineering is my love

I would love to meet the women's ski champions Lindsey Vonn and Mikaela Shiffrin.

SKI OPENING

Grete Ternes



My Dream is Go for Gold.
I like the Mountains and
skiing free like a bird. I love
to train in the alps and ski
Racing in Europe. Thats my
passion.

Photographers Credits: @
livewelt





Hi everybody I am an alpine skier I am an athlete of the Albania ski federation, my dream in the ski is to compete in the World Cup , this season was very good for me, I have done a lot of races were I have done 66 FIS points in slalom and 79 FIS points in giant, I got the chance thanks to the Albania ski federation to compete in the word championship of ski in Cortina d'Ampezzo, I participated also in the world junior championships in Bansko, in this year I have traveled a lot and I have visited a lot of city mostly in the Balkans.



SKIERS

MAGAZINE



Kevin
Qerimi



ISSN 2371-2996



SKIERSMAGAZINE.com

A Division of Talent Media Publishing Inc.

BARBELLS FITNESS

EG
PROPHOTO



Lenore
Gregson

Issue 04 2022 \$24.99



ISSN 2371-3011



I have always been extremely into fitness , and being the best that I can possibly be . About nine years ago , after my son , I became depressed and gave up on myself and my health . I finally decided that I wasn't going to allow my depression to rule me anymore . I decided that I was stronger then my illness , and that I could over come anything . I started to go to the gym ,

and eat healthy and I beat depression . I no longer have to take medicine , and I have made fitness my whole life . My goals for everyone is to show them that they can beat anything that comes their way !

Photographers Credits: Abbey Lopez



Derina is an IFBB professional fitness competitor currently ranked 4th place in the world at the Arnold classic in 2020. She has been competing for 7 years and was invited to 2 Arnold Classics and 2 Arnold international tours. She has competed in four Mr. Olympias and is currently 11th place at the Mr. Olympia 2021. Derina had her first professional win at the Puerto Rican Pro. She has a Bachelor's Degree in physical education and has over 20

years of experience as a certified yoga, Pilates, and barre instructor. She is also a choreographer to gymnasts and Fitness competitors throughout Long Island. Derina is also a breast cancer survivor/thriver and offers help being a spokeswoman for breast cancer awareness.

Photographers Credits (If Any): David Tufino and Pro fitness photos



Narado Zeco Powell



Narado Zeco Powell was born in Montego Bay, Jamaica and as a child, he was underweight. When he moved to the United States at age 16, he was 5'11" and weighed 113 pounds. By age 18, he was inspired to learn more about fitness and nutrition and took a special interest in fitness. He spent 18 years educating himself by reading evidence based scientific articles, learning from mentors and trying different techniques. In 2018, he decided that he wanted to use his knowledge to help others.

Zeco is a Certified Lumen Metabolic Coach & carries 7 fitness and nutrition certifications

from the International Sports Sciences Association.

He shares his knowledge with others via several social media platforms. He is passionate about educating others and continues to learn, grow and adapt so that he can bring the most up to date and actionable content to his clients, followers and subscribers.

You can learn more about Zeco & his work on his weight management podcast, The Matter Over Mind Experience. Listen & subscribe on Spotify, Apple or YouTube.



William G Rodriguez De Leon

My name is William Gabriel Rodríguez de León and I my dream is to become one of the best if not the best bodybuilders in the world. Also, I wanna preach the truth in the name of God in all the countries of the world. I'm a historian of the truth and the Bible and also a Profet confirmed by Dwith Ortega thanks to God. I also wanna be a better person everyday. Time is running, and my time is now! I have a personal business, a herbalife fitness club by the name of Willie

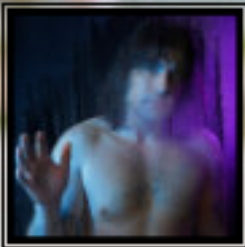
Fresh Nutrition. My nutrition and my DNA is my key for achieving great things with my body. My family supports me like no other...believe me. One of my big dreams is to meet LEBRON JAMES, and I know I will do it in the name of GOD.

Photographers Credits: Alexis Vásquez, Sergio Tirado, Yussieeffectspr, De La Salle Highschool TV, Myself and my friends in general



BARBELLS FITNESS

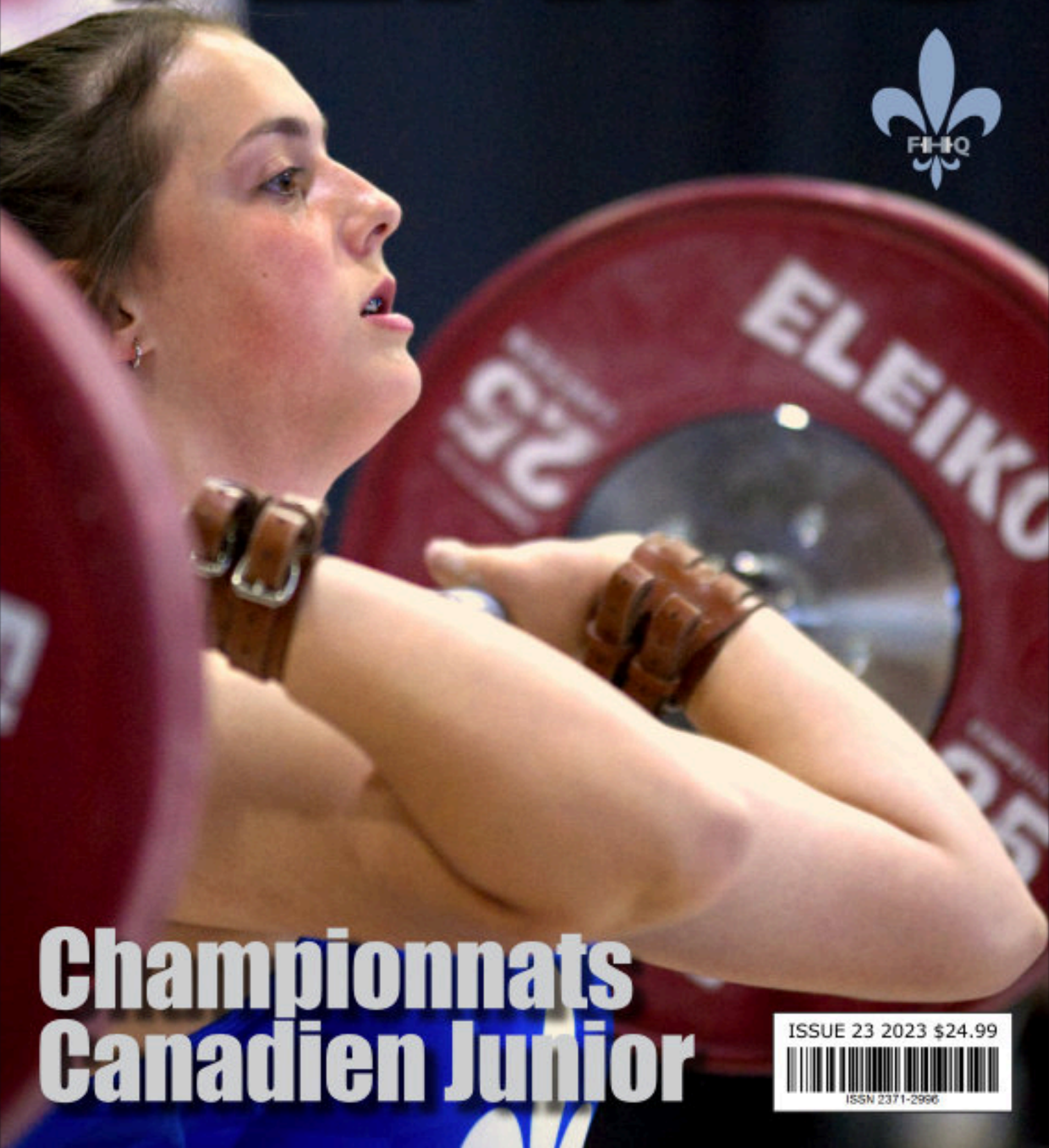
Lucas
Bertolino



BARBELLSFITNESS.com
A Division of Talent Media Publishing Inc.



TEAMS



Championnats
Canadien Junior



Camille Blais

Mon nom est Camille Blais, je viens juste d'avoir 17 ans, j'habite à Lachute et m'entraîne au club du Nord depuis juste un an et demi. Mon but est juste de me dépasser moi-même parce que je n'ai pas de compétition en tête, c'est vraiment pour moi que je le fais.

Le plus grand accomplissement jusqu'à présent est la constance que j'ai eu d'aller tout le temps à mes entraînements. Il y a des journées où je suis plus fatigué et des jours que ça ne me tente pas mais j'y vais pareil. Mon objectif est vraiment de maintenir la routine, c'est vraiment un

changement drastique dans une vie. Quand tu t'engages en haltérophilie, c'est un engagement que tu vas passer 12 heures, même 16 heures par semaine à t'entraîner.

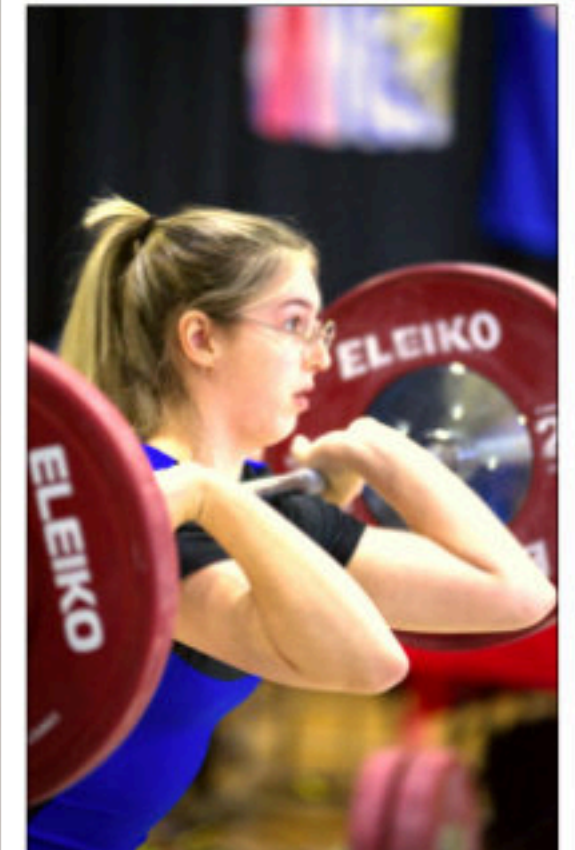
Aujourd'hui ça a super bien été en compétition, j'ai fait mon meilleur total à la compétition, j'ai aussi fait un record à l'épaulé-jeté, pas à l'arraché mais ça a bien été en général. Moi dans le fond, je suis les traces de mon frère, mon frère ça fait quelques années qu'il en fait, peut-être 10 ou 9 ans, c'est grâce à lui que j'ai commencé.



Alexia Gaulin

Bonjour mon nom est Alexia Gaulin, j'ai 17 ans et je vis dans la région de la Montérégie, à Notre Dame de l'Île Perrot. Je m'entraîne depuis déjà 4 ans, mais j'ai intégré le club Gros-Bill il y a quelques mois seulement. Mon but est de rester sur la liste relève et de participer aux Championnats Canadien Senior. Mon plus grand accomplissement à ce jour est ma participation au Championnat Canadien Junior aujourd'hui.

Mon objectif était de gérer mon anxiété en compétition, ce que j'ai réussi à faire aujourd'hui, et j'ai pu obtenir les résultats que je désirais. Un commentaire que j'aimerais faire est qu'en compétition, le mental est aussi important que la force et la technique d'un athlète, et c'est ce qui peut faire toute la différence dans les résultats obtenus.



Marie-Soleil Barrette - 2 Médailles Bronze

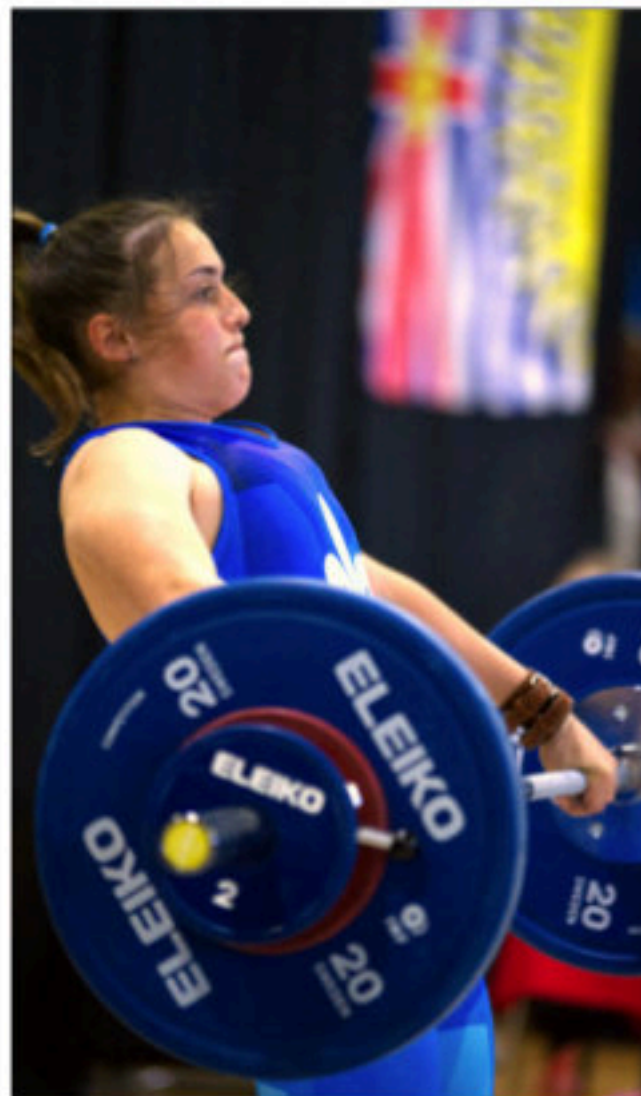


Je suis Marie-Soleil Barrette, j'ai 15 ans et je vis à Gatineau dans la région de l'Outaouais.

Ça fait 3 ans que je suis athlète en haltérophilie.

Mon plus grand rêve serait d'aller aux Jeux Olympiques et mon ambition est de toujours me dépasser, ne jamais lâcher et puis de toujours faire des meilleurs totaux en compétitions.

Mon plus gros accomplissement est d'avoir été au Championnats Canadian l'année passée à 14 ans, j'ai trouvé ça exceptionnel parce que c'est quand



même très jeune. Et les Jeux du Québec j'ai vraiment adoré.

Le plus dur a été aux Jeux du Québec, car c'est un entraîneur pour la région, alors j'ai dû m'adapter à un autre entraîneur que le mien, ça a été un petit peu complexe mais on a réussi à trouver un entre deux et bien s'entendre.

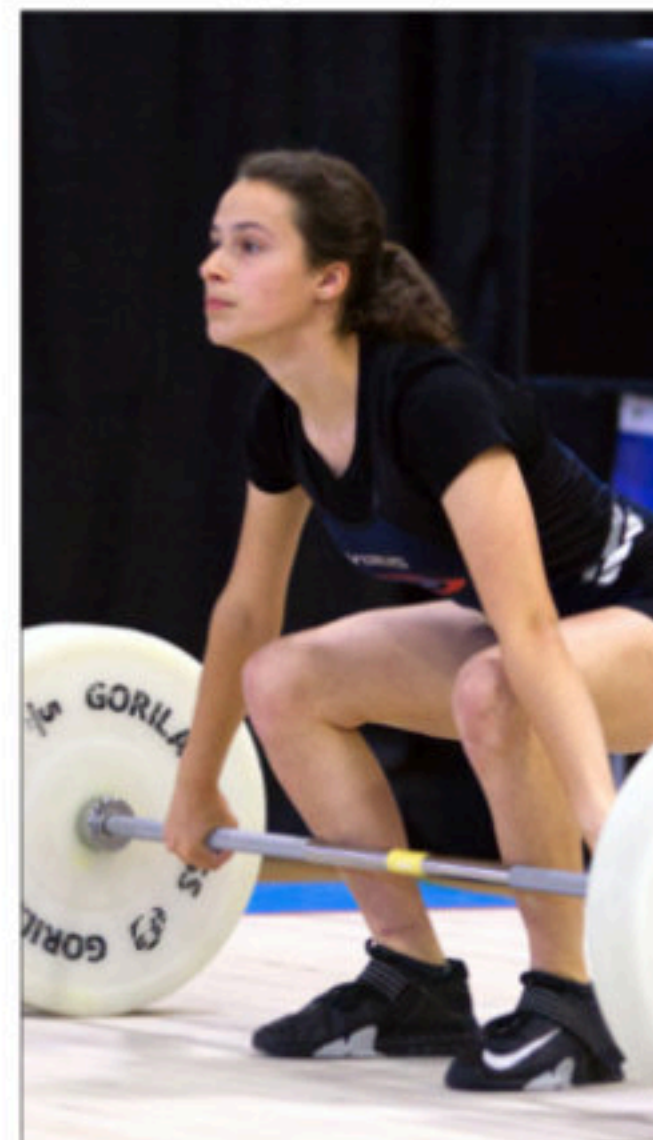
Vraiment l'haltérophilie est un sport de dépassement, beaucoup pensent que tu es seul, mais en compétition c'est vraiment un sport d'équipe et tout le monde s'encourage.

Triple Médaillée - Alice Charlebois

Bonjour, je m'appelle Alice Charlebois, j'ai 17 ans et j'habite à Coteau-du-lac. Je m'entraîne au club CDE3L. Mon but est de continuer de bien performer et de m'amuser en même temps.

Mon plus grand accomplissement est de voir ma progression dans ce sport qui m'est tout nouveau à moi.

Mon plus grand défi est de bien balancer l'école le jour avec les entraînements le soir puisque je ne suis pas dans un programme de sport-études.



Charlotte Bourdeau



Allo, je suis Charlotte Bourdeau, et j'ai 19 ans. J'habite à St-Philippe dans le coin de la prairie. C'est ma dernière année junior donc j'aimerais ça dans les prochaines années réussir les standards senior.

Mon plus grand accomplissement jusqu'à présent en haltérophilie a été les Championnats Canadien Junior. Je faisais aussi du triathlon et j'ai réussi à faire les Championnats du Monde l'année dernière. Je suis très contente de ma compétition aujourd'hui de mon résultat il a dépassé mon

objectif. Je suis très satisfaite. Le plus grand changement par rapport à mes entraînements a été quand j'ai commencé le CÉGEP. C'est un changement de routine, je devais ajuster mon entraînement le soir avec mon horaire à chaque session qui est différent. C'est vraiment m'habituer à faire une balance entre l'école et l'entraînement.

Je m'entraîne au club Gros Bill. Le club est excellent.

Médaillée d'Argent - Briana Chartrand

Briana Chartrand est mon nom et je suis âgée de 13 ans. J'habite dans les Laurentides. Ça fait un an et demi que je m'entraîne. Mon but est d'aller le plus loin possible et de m'amuser. Mon plus grand accomplissement a été de gagner les Jeux du Québec.

Depuis que je m'entraîne, tous les jours après l'école je m'en vais m'entraîner sauf le mercredi et le vendredi. J'aime vraiment ce sport, c'est amusant. J'ai gagné une médaille d'argent aujourd'hui, pour l'épaulé-jeté. Je m'entraîne au club du Nord.



Emilie Premont

Je suis Émilie Prémont, j'ai 17 ans et je viens du centre du Québec, plus précisément de Victoriaville. J'ai commencé à m'entraîner en haltérophilie cet hiver pour participer aux Jeux du Québec donc ça fait environ 6 mois. Mon rêve est de me rendre le plus loin possible c'est sûr, mais je l'ai fait vraiment pour être fière de moi. Je veux atteindre le plus haut niveau possible. J'ai encore du temps au niveau junior alors à chaque année on va évaluer pour s'améliorer le plus possible. Je m'entraîne beaucoup par semaine principalement en Crossfit et haltérophilie donc environ 4 à 5 fois par semaine.



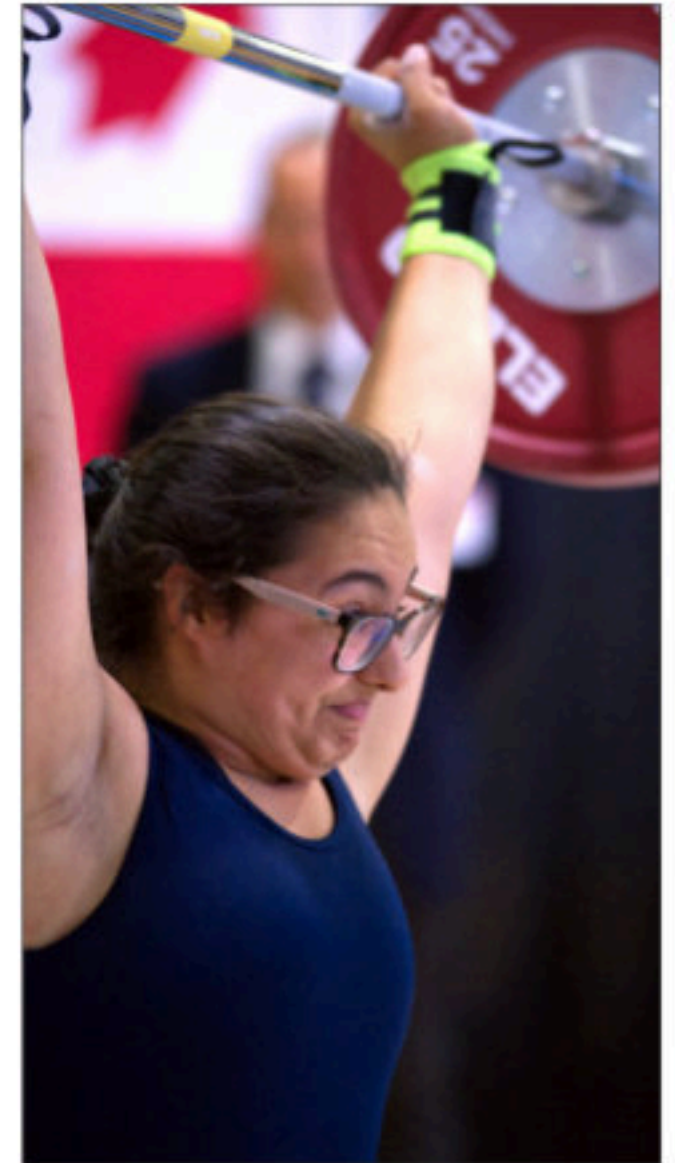
Bien que j'ai pas fait beaucoup de compétition, donc les Championnats Canadien Junior sont ma 3ème expérience de compétition, mes accomplissements seraient les Championnats Canadien et les Jeux du Québec. Ce qui me démarque des autres athlètes est ma personnalité, en performant je fais des drôles de visages et il semble que je fais embarquer la foule avec moi. Je suis satisfaite de ma compétition aujourd'hui, mon arraché s'est très bien déroulé, j'aurais aimé monter plus mes barres dans mon épaulé-jeté, mais vu que je n'ai pas beaucoup d'expérience en compétition en haltérophilie, je suis tout de même très satisfaite de ce que j'ai fait. Je suis avec les Voltigeurs de Drummondville. Mon nom est



Sharlee-Rose Rochon



Bonjour, mon nom est Sharlee-Rose Rochon, j'ai 18 ans, et j'habite à Ste Julie. Je fais de l'haltérophilie depuis déjà 3 ans. Mon ambition est d'augmenter mes totaux et de faire de plus importantes compétitions. Mon plus grand accomplissement jusqu'à présent est de concilier ma vie étudiante à ma vie d'athlète et d'avoir battu mes records à l'arraché et à l'épaulé-jeté soit de 67 kilos et 76 kilos. Mon plus grand défi est de bloquer mes coudes au jeté et de partir avec une bonne position de départ.



Je suis vraiment satisfaite de la compétition aujourd'hui, j'attendais ça depuis très longtemps. Je remercie mes 2 coaches, Sylvain Bilodeau et Justine Durand pour m'avoir soutenu tout au long de mon entraînement et parcours en haltérophilie, et de m'avoir coaché pour les Championnats Canadien Junior. Je m'entraîne au club d'haltérophilie les Husky de St Michel des Saints.

Megan Berthelette



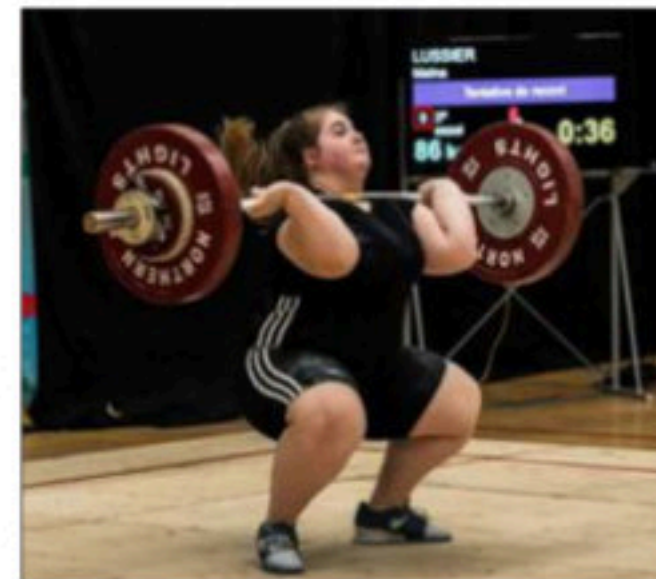
Mon nom est Megan Berthelette. Étant étudiante à temps plein au cégep du Vieux Montréal. J'aspire à devenir éducatrice spécialisée. Ceci, en équilibrant, mes études avec l'haltérophilie que je pratique depuis mes 15 ans. Mes objectifs à long

terme sont que j'aimerais participer à un Championnat du monde. Cependant, mes objectifs personnels sont d'effectuer 90 kg au mouvement de l'arraché et 100 kg épaulé-jeté.

Médaillée de Bronze - Maïna Lussier

Mon nom est Maïna Lussier, j'ai 16 ans et je pratique l'haltérophilie depuis maintenant 5 ans. J'ai commencé ce sport dans le but de me dépasser et d'apprendre la pratique d'un nouveau sport. Après 6 ans de danse et 7 ans de soccer je ressentais le besoin d'accomplir de nouvelles choses. Nous pouvons dire que je suis tombé en amour avec l'haltérophilie dès le départ. Au niveau des compétitions, j'ai recueilli de nombreuses médailles d'or ainsi que d'argent. Mes deux plus gros accomplissements sont mes trois médailles de bronze au championnat canadien junior dans la catégorie des 87kg+ ainsi que mes deux médailles d'argent et ma médaille de bronze aux jeux du Québec à Rivière du loup en 2023. Cette année je compte conserver mon titre de troisième place au championnat canadien junior 2023 à Laprairie.

Photos Credits: David Larivière et Dominic Lussier



TEAMS

Championnats
Canadien Junior



ATHLETESMAGAZINE.com
A Division of TALENT MEDIA PUBLISHING Inc.

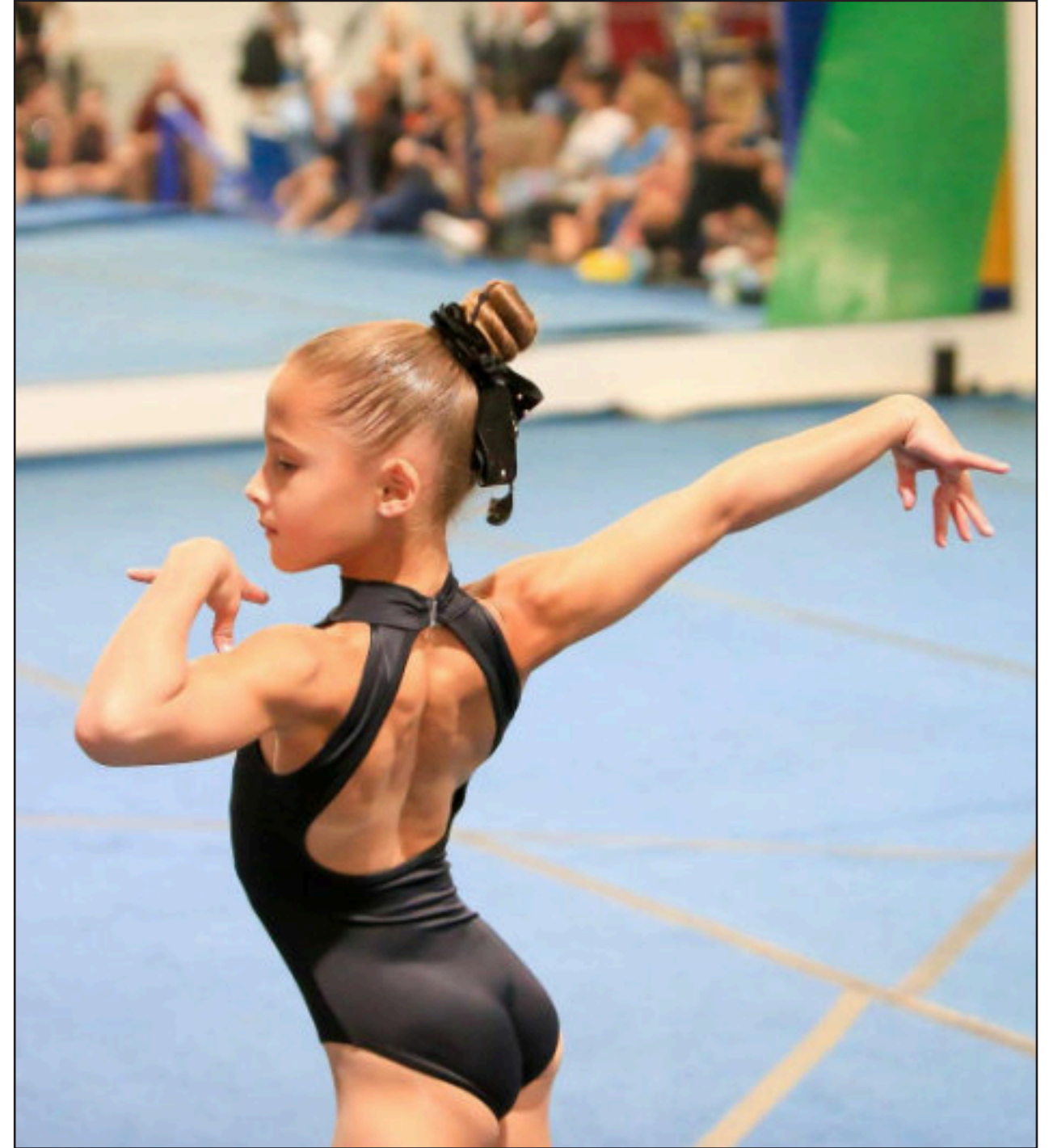


UPCOMING GYMNASTS

Krystelle
Afteem

Issue 11 2023 \$24.99





Leia is a year round principal honor roll student in gifted classes at Doral Academy Elementary. She has doing gymnastics since she was 3 yrs old. Her goals are to win multiple gold medals for her

country and then to open her own gymnastics school. She is very smart and talented, and has been a natural leader since she was very young.

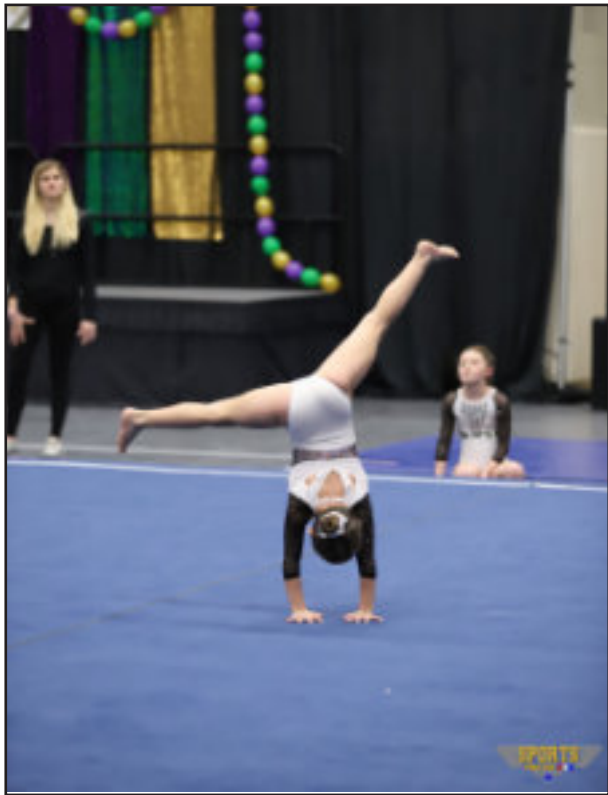
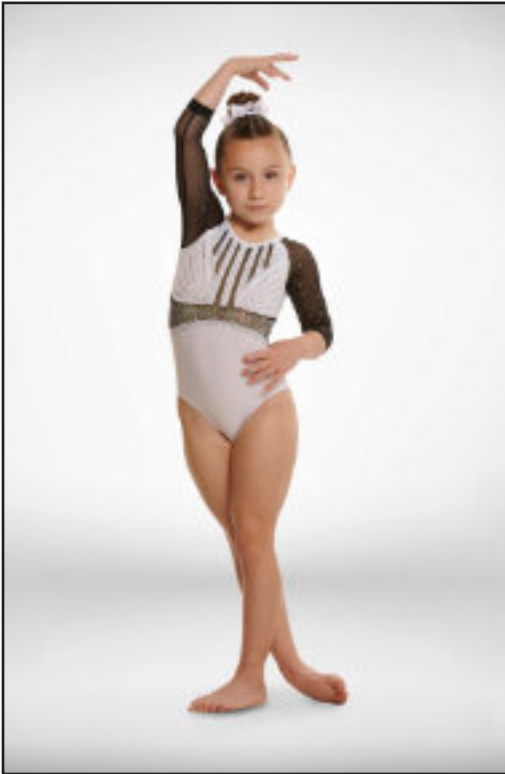
Krystelle Afteem



Hi my name is Krystelle Afteem, I started doing rhythmic gymnastics at the age of 5. Now, I am 8 years old. My goal is to be recognized as an elite athlete and make it to the Olympics. My dream is to become a world famous Olympic champion. This sport is my passion, that is why I enjoy my hard training every day, I train for 2 to 3 hours to improve my skills. I have many medals as achievements and I am always driven to achieve more that is why I watch every video of mine from every competition to learn from my mistakes and train to improve my moves and make them perfect. My mom and dad are my biggest supporters. As a young gymnast, remember that patience and persistence are your wings to success, so: "Stay focused, stay passionate and let your determination carry you through every twist and turn".

Photos Credits: My Mom Tamara Afteem

Kenley Duplechain



My name is Kenley Duplechain. Gymnastics is my passion. I look forward to practice each week. I practice for 3 hours, twice a week. Some components of practice contain: yoga, conditioning, and dance. I enjoy working out! My ultimate dream/goal would be to get to the Olympics. I think I have achieved alot of skills in

my gymnastics journey so far as I am very dedicated to learning and growing as a gymnast. I think my greatest challenge as a gymnast would be on uneven bars and also overcoming fears in my head that may stop me from trying a new skill. They say big things come in small packages and I'M DYNAMITE!!!



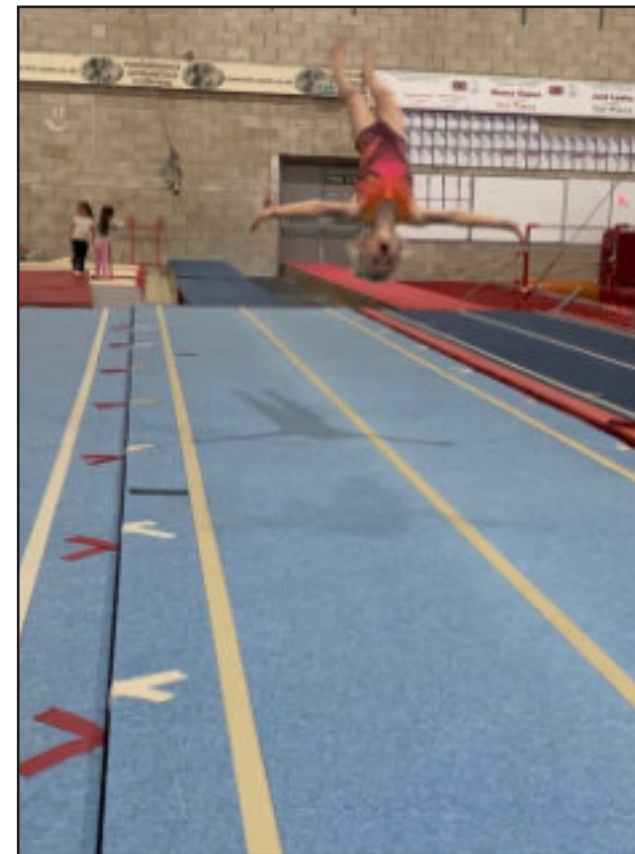
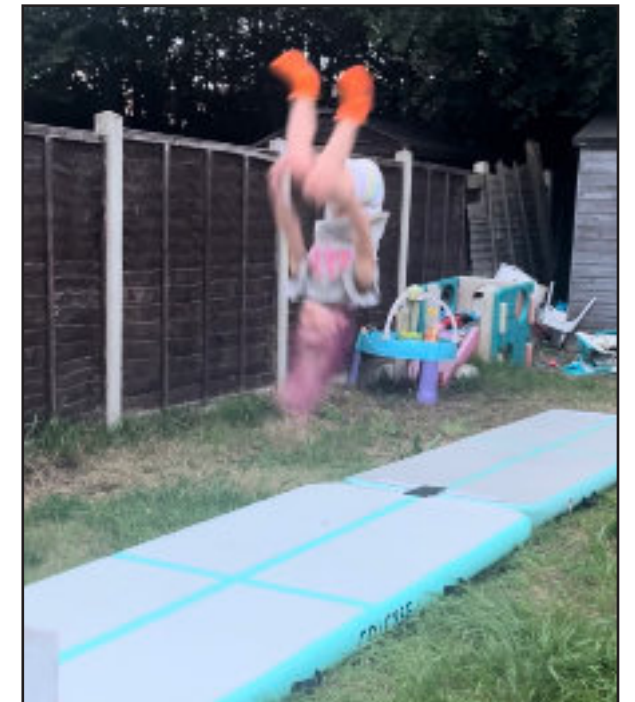
Florence Gaston

My name is Florence, even though I may only be 7 I have huge ambitions to become place and win at worlds within tumbling.

I currently train 13 hours a week with the Milton Keynes development tumbling squad 4 days a week. I live, breath and dream tumbling!

My journey started when I was 5 due to the COVID 19 pandemic I was a little later joining a gymnastics squad. I started at SSAC in Stevenage for one hour a week within the recreational Acrobatics squad. I was very quickly asked to join the development squad where I joined a trio and excelled through the badge system. I also joined their tiny tumbler squad, which gave me a passion and drive within this area. Even though I was able to cartwheel at two years old I did not know I had a talent for tumbling until I completed my first in house competition where I placed second against 7 and 8 year olds, I was 5! Soon after my club increased my hours and within a few months I was able to round off flic.

Whilst away I was approached by a Coventry cheer club whilst shopping in the city. They explained I had a natural talent! Within 8 months I was able to fee walk over and complete 5 flics on a air track!



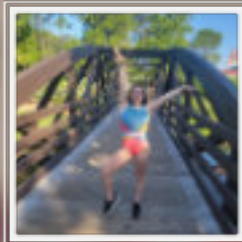


My name is Blair Paul, I am 10 years old and I'm on my 4th year of Allstar Cheer. I compete on level 1, 2 and 3 teams. Cheering has always been my dream. I love being in the gym learning new



skills to better myself. I hope to one day cheer for a national title.
Photos Credits: Kristen Orr

UPCOMING
GYMNASTS



ISSN 2371-2996

**Kenley
Duplechain**

UPCOMING**GYMNASTS**.com
A Division of Talent Media Publishing Inc.

iDANCE
MAGAZINE



Issue 12 2023 \$24.99



ISSN 2371-2996

**Audrey
Heading**

Adriana Miele



My name is Adriana Miele, and at the young age of 8, I have an unwavering passion and dedication for the art of dance. From the vibrant city of Boston, Massachusetts, my journey into the world of dance began at just 18 months old. At the age of 6, I made the competition team at my dance studio. I impressed my dance instructors with my innate ability to effortlessly grasp new choreography and techniques. My training spans over a number of dance styles such as ballet, lyrical, contemporary, jazz, acrobatics, and hip hop in order to show my pursuit of versatility.

Over the last couple of years, I have been successful at both regional and national dance competition stages. Achieving numerous first overall placements.





My name is Aryana and I am ten years old. I want to continue learning from my coaches at Infinity, some I've been with for the past three years, so I can continue to grow. I want to win Worlds with my team, be on a level 7 team, and cheer in college where I want to study education and law. I want to be able to coach in the future so I

can help to inspire the next generation of cheerleaders!

Photos Credits: @_thecheermix_ took the photos in the cheer is my sport shirt and the one in the multi colored rebel outfit that is light blue with the hearts on it.





My name is Ashlyn and I dance for The Young Company in The Colony in Texas. I have been dancing for 6 years and this is my 4th year competing and third year competing a solo. Our studio is more about being a dance family and we love and support one another while getting some of the best training in the area. I hope to

dance professionally someday. Dance is more than a sport, it's my life! It means everything to me!

Photos Credits: All photos taken by DFW Dance Photography



Audrey Heading

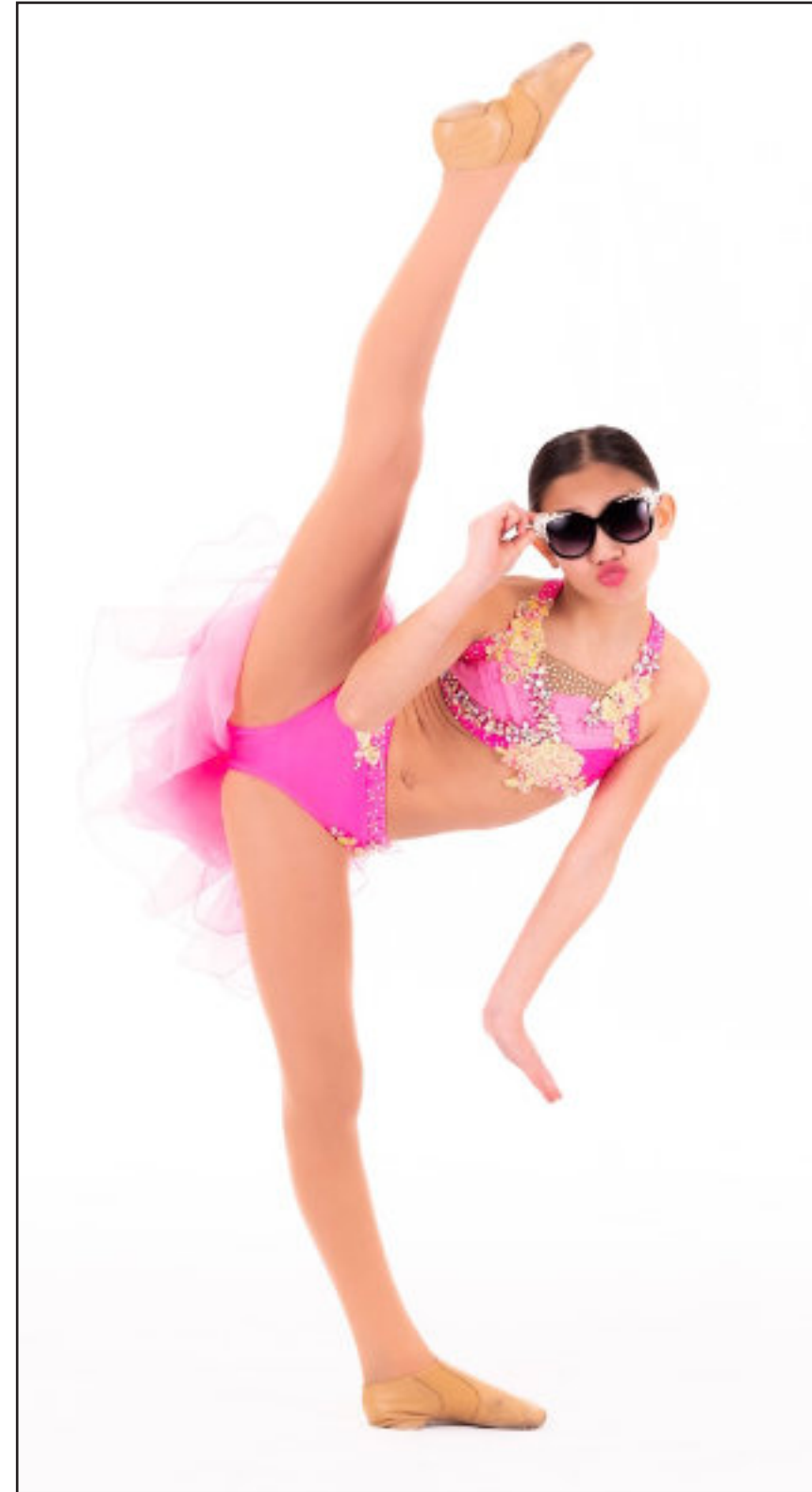


My name is Audrey, I am a 10 year old aspiring ballerina from the Australian Capital Territory. It is my goal to one day be accepted into a prestigious international ballet company. I dream of a long career as dancer. After that I want to return home to Canberra and open my

very own 'BALLET BEATZ STUDIOS'. I am a hard worker, with a huge desire to achieve my goals.

Photos Credits: Move photography & Hatch media





My name is Jaide Madyson Echeverria. Growing up as a dancer, I dream to be in a Broadway show one day and maybe a dance teacher. As for my goals, I'm working hard on my ballet to get on Pointe. Staying positive when challenges come. I always aim high, push beyond my limits and be the best I can be. Being a dancer, creates a lot of challenges and one of them is to be able to be flexible to any choreographies, music, expectations from your teachers and how you handle pressure among your dance peers. It's all about believing in yourself, courage to keep going and strength to push through it all!

In 7 years that I've been dancing, I have a few achievements that I'm quite proud of. For my very first solo, I placed Overall First Place High Score Champion. 1st Place and Platinum awards on my duet. 3 Diamonds awards for my Jazz group dances, made the top 5 for Nationals Championship. Competed 3 times at the World Dance Championship and made the top 4.

As I dance through life, I will aspire to inspire. Keep that confidence to be beautiful in my own way and just keep reaching for that STARS!

Photos Credits: AOD Tim Miller

Malani Maliya Castillo



My name is Malani, I recently turned 11 years old. My dream is to become the best dancer I can be. I would like to continue to study dance, and perfecting my technique. One day I would love to win the World Dance Pageant, and be apart of a production piece that includes both

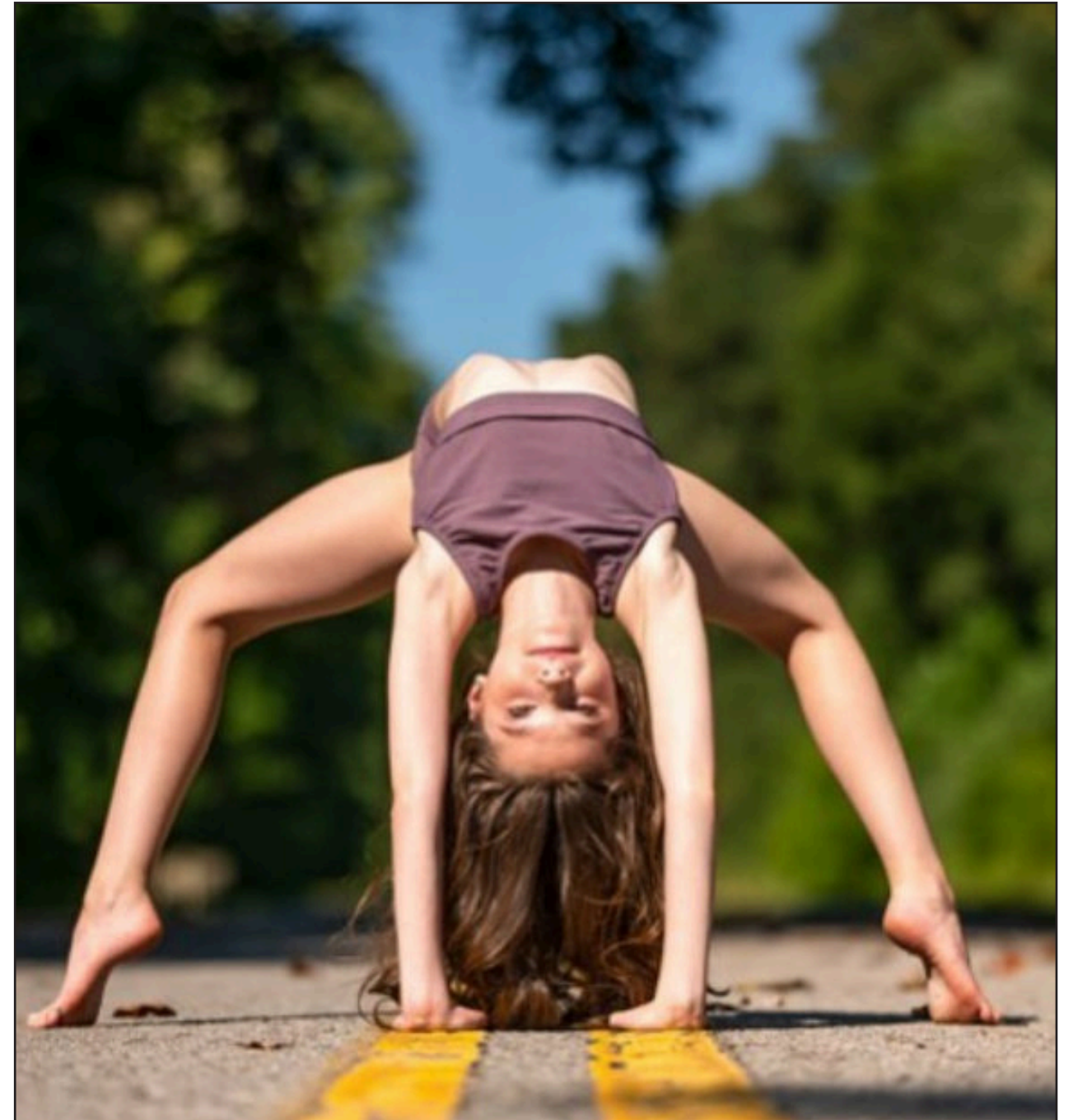
dance, and all I have learned through modeling and acting since I was 4 years old.
Photos Credits: 9count Images by Robert Buchanan





My name is Sami Estelle. I am a dancer by wish and photographer by heart. I believe this at least!! I am always practising for dance for looking forward to taking photos. I am very friendly and making me as your friend is not an achievement sadly!! I believe in the way that

roads are supposed to be taken for journey not destination. I don't like to hold things in the hard way, of course, letting go is hard but it's beautiful. I also have the courage to go the extra mile to achieve my dreams.



Reagan Kurz

My name is Reagan Kurz. I am 13 years old. I am thankful for giving me an opportunity to tell my story and excited at the same time. So, the story goes back to few years when I was a noob at dancing. I somehow got some good guidance

and the show began. Now, I perform almost every week, at one or other stage. I am still learning and the many more is yet to come. My dream to be the best dancer of my state and live the life of my dreams.



*i*DANCE

MAGAZINE



Ashlyn



iDANCEMAGAZINE.com
A Division of Talent Media Publishing Inc.